



Hindu Temple and Cultural Center

(A Non-Profit Organization Registered in the State of Washington)

3818, 212th ST SE, Bothell, WA 98021

<http://www.htccwa.org> Phone: 425-483-7115



Go Green

Ratha Saptami and Lord Sūryanārāyana Pūja Monday February 11th 2019



Program Details

- ❖ 10:30 AM: Aditya Hrudaya Pārāyanam and Sūryanārāyana Pūja
- ❖ 11:30 AM: Archana, Ārati

Sponsorship Opportunity

- ❖ Sūryanārāyana Pūja (\$51.00)
- ❖ Archana (\$10.00)
- ❖ Pushpa Mala Alankaram*
- ❖ Annadānam* (\$151.00, Food Sponsorship)

Note: *For sponsorship contact Office for Scheduling

Sun God Sūrya is symbolically represented in the form of his Ratha (Chariot) drawn by seven horses, with Aruna as the charioteer. The Seven Horses represent the Seven Days of a Week starting with Sunday – Ravi Vaar, the day of Sun god Sūrya.

Significance of Ratha Saptami and Lord Sūryanārāyana Pūja

Since ages Hindus have worshiped Sūrya Deva/Sun god. Sūrya is considered to be Lord Vishnu and hence referred to as Sūryanārāyana. Ratha Saptami is the festival of Sun God celebrated every year on the Seventh Day in Shukla Paksha of Māgha Māsa (January/February). It marks the birthday of Lord Sūrya Narayana (Sun) who was born to sage Kashyapa and his wife Aditi on this day. Ratha Saptami festival marks the beginning of Uttarāyanam (Uttara means North and Ayanam means Movement). Ratha Saptami Festival is also known as Sūrya Jayanti.

Aditya Hrudayam and Aruna Pārāyanam - Suryanārāyana is worshiped for better health and success. Reciting and listening to Aditya Hrudayam, which was given to Lord Rama by Agastya Rishi, will benefit everyone immensely.

आदित्यहृदयं पुण्यं सर्वशत्रुविनाशनम् ।
जयावहं जपेन्नित्यमक्षय्यं परमं शिवम् ॥

Take part in the Sūryanārāyana Pūja in the temple, and obtain the blessing of Lord Sūrya.

For more details Contact: officemanagers@htccwa.org; Phone: 425-483-7115